

# Skeena Middle School

## Communicable Disease Prevention Plan

Updated 05 Jan. 2022

### Daily Health Checks

- Staff, parents, and students are reminded of their responsibility to complete a Daily Health Check.
- Regular staff will complete this independently, and sign in each morning when they arrive at school.
- Our clerical staff will complete this health check with all on-call staff as they report to the main front desk.
- These Daily Health Check forms will be kept in the vice-principal's office.
- The Daily Health Check questions for staff are as follows:

**1. Are you experiencing any of the following new or worsening symptoms?**

• Fever or Chills • Cough • Sore throat • Difficulty breathing • Diarrhea • Nausea and/or vomiting • Extreme fatigue or tiredness • Body aches • Loss of appetite • Headache • Loss of sense of smell or taste

**2. In the last 14 days, have you returned from travel outside Canada, including the United States, and been directed to quarantine? If yes, have you completed your quarantine?**

**3. Have you been identified as a close contact of a COVID-19 positive case by Public Health?**

**4. Have you been told to self-isolate by Public Health or a Health Care Professional?**

If you answered yes to questions 2 or 3, you should leave the workplace and use the BC COVID-19 Self-Assessment Tool to determine testing needs for COVID-19 or seek medical advice from your health practitioner.

If you answered yes to question 4, you must return home immediately and continue to self-isolate according to the Public Health direction received

## IF SICK WHILE AT SCHOOL....

- If a student starts showing symptoms of what could be illness, influenza or COVID-19:
  - Parents/Guardians will be contacted to come and pick them up right away.
  - We will have a separate and supervised area (medical room in the office) where we can promptly separate a child from others until their parent/guardian can come and pick up the student. Students in sent in this area must wear a mask.
  - It is important to stay/go home if you are sick.
  - Students who go home with COVID-19 symptoms must seek assessment by a health-care provider and self-isolate while waiting for results.

## ENTERING THE BUILDING

- Entry to the building is to be through the front door in the morning.
- Students arriving early must sanitize or wash their hands and go to their designated areas.
- Student entry will be staggered.
  - Bus students arrive between 7:55 and 8:35 each morning. (Our first morning bell rings at 8:45am.)
  - Students who walk, ride bikes, or are dropped off by parents are asked to arrive at school between 8:45 and 8:55 each morning.
- Re-entry from break/lunch will differ for every grade level. Please refer to break/lunch section for time.
  - Grade 7 exit/entry for break – by the art room.
  - Grade 8 exit for break – central exit by the stairs (used to be the no exit).  
Grade 8 entry for break – open area exit.
  - Grade 9 exit/entry for break – open area exit.
- Every person that comes into our school **must** immediately wash or sanitize their hands.

## LEAVING THE BUILDING

- Exiting the building is to be through the front door.
- Students should sanitize or wash their hands prior to leaving the building.
- Student exit will be staggered.
  - Students who walk, ride bikes, or are picked up will be dismissed at 3:05pm each afternoon. They will need to leave school property as quickly as possible.
  - Registered bus students will be dismissed from classrooms at 3:19pm.

## TRANSITION TIMES

- To avoid overcrowding, only students who need to change classrooms will use the hallways during the transition times. Teachers will allow Grade 7 and 8 students to go to their lockers / washrooms / water bottle fill stations either just before or just after the transition bells.

## **WHEN TO WASH HANDS OR SANITIZE**

- Every time you enter the school from outside.
- Before and after eating, drinking, touching food.
- After touching your face, eyes or mouth.
- After using the restrooms.
- After playing outside or handling pets.
- After sneezing or coughing into hands or Kleenex
- Whenever hands are visibly dirty.
- After cleaning tasks.
- Before and after any transitions: (e.g. outdoor-indoor transitions, from the gym to the classroom)
- Every time you enter the school.

## **PROPER HAND WASHING**

### **Six steps to proper handwashing:**

1. Wet hands with running water.
2. Apply a small amount of liquid soap. Antibacterial soap is not required.
3. Rub hands together for at least 20 seconds (sing the ABC's). Rub palms, backs of hands, between fingers and under nails and creating a lather.
4. Rinse off all soap with running water.
5. Dry hands with a clean, disposable towel.
6. Discard the used towel in the waste container.

## **ROOM/SPACES**

- There are signs throughout the building outlining occupancy limits for each space/room. Please read signs for each area before entering.
- Students will be spread out within the available work space in a room rather than being seated closely together.
- Any time a student leaves or enters a classroom, students must sign out and sign in. They must write the time of exit and entry.

## **COUGHING/SNEEZING ETIQUETTE**

- Cover your mouth and nose with a tissue when you sneeze or cough.
- Throw the tissue away.
- When there is no tissue, cough or sneeze into your shoulder or elbow.

- Wash your hands right way.

## CLEANING

- Cleaning/disinfecting will occur throughout the day and in the evening.
- Please only bring essential items. These items must be easy to disinfect.
- Shared surfaces to be cleaned *by the user* after each user or group
  - Photocopy machine control panels and lids
  - Physical Education equipment
  - Any other shared items
- A custodian will be in the building from 1:00pm to disinfect frequently touched surface once in a 24 hour period.

## PERSONAL PROTECTIVE EQUIPMENT (PPE)

1. **Masks must be worn by all staff, students, and visitors. This applies to all indoor spaces in middle schools, except when eating or drinking.**
2. Gym classes that involve high intensity activity should take place outdoors if possible.
3. Music classes have a mask requirement when students are singing.
4. Masks must also be work when students are on a school bus. This includes students going on field trips.

## WATER FOUNTAINS

- Students are encouraged to bring a water bottle and only use the water bottle fill stations on the water fountain.
- Water fountains will be available for use. Students are reminded to keep their mouths off of the fountain, and to sanitize hands after touching the on button.

## HALLWAYS AND LOCKERS

- Please ensure no items are stored in the hallways.
- When walking in the hallways, please follow the arrows.
- When walking in the hallways, stay on the correct side of the center line.
- Do not gather in groups.
- Avoid touching any surface while walking in the hallways.
- Do not block the movement of others.
- Lockers will be available for students.
- **REMEMBER – YOU MUST WEAR A MASK WHEN YOU ARE INSIDE THE**

## **SCHOOL.**

### **SHARING**

- Students will not share, cell phones, books, food, or water.
- Outdoor activities will be focused on fun, educational and maintaining physical distancing.
- Students are required to sanitize/wash shared equipment after using the equipment.
- Students are permitted to bring sports equipment from home.
- Phones, laptops and other educational resources are permitted for personal use, and should not be shared between students.

### **GUESTS AND VISITORS**

- Visitor access will be limited to those who are supporting activities that are of direct benefit to student learning and wellbeing.
- Visitors / Guests / Parents must call the school (250-635-9136) before entering the school building.
- All guests / visitors / parents must wear a mask before entering the school.
- All guests / visitors / parents must sanitize or wash their hands immediately upon entering the school building.

### **SCHOOL GATHERINGS, SPORTS, AND EXTRACURRICULAR ACTIVITIES**

- All school gatherings and events will be held virtually, whenever possible.
- If gatherings and events must be in person, then we will not exceed 50% operating capacity.
- All sports tournaments have been cancelled until further notice
- If an inter-school sports game is scheduled, there will not be any spectators allowed.

### **STAFF GATHERINGS**

- All staff meetings, school based team meetings, in-service, and professional development activities will be held virtually.

### **LUNCH TIME**

- When eating lunch, students are required to stay at their desk/designated area. Students must stay seated until they are finished eating. Once they are finished eating, they must put their masks back on.

## **BREAK AND LUNCH TIME**

- Students should not leave the building during the day for such things as lunch, etc.
- Break Schedule
  - Grade 8 10:20 – 10:30
  - Grade 7 10:30 – 10:40
  - Grade 9 10:40 – 10:50

## **LUNCH SCHEDULE**

- We have had a staggered lunch break all year. The changes made were with the way that the students were grouped. (to avoid some Grade 9 students having to eat in Science labs)

### **12:10 – 12:36**

ALL Grade 7s and Grade 9s with last name beginning M through Z – OUTSIDE

ALL Grade 8s and Grade 9s with last name beginning A through L – EAT INSIDE

### **12:36 – 1:02**

ALL Grade 7s and Grade 9s with last name beginning M through Z – EAT INSIDE

ALL Grade 8s and Grade 9s with last name beginning A through L – OUTSIDE